


Circle of 4ths

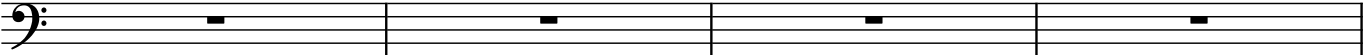
(or 5ths)

I C III V III F B \flat E \flat



Play arpeggios...

5 A \flat D \flat G \flat B



9 E A D G



- Practice arpeggios in the circle of 4ths with a metronome (100bpm is a safe starting point)
- Use same shape/fingers for all chords
- Try with increasingly high tempo
- Once you know the chord progression well enough, play this exercise this time focusing on time and sound
- Challenge yourself with playing the exercise in different ways/variations: Backwards, in random order, etc.